



**Oregon Association of
Licensed Electrologists
2023 Spring Seminar**

**Saturday & Sunday
April 15 & 16**

**Relevant and Informative
Continuing Education**

Certificates of Attendance

HLO-Approved: 10 CE hours (5/day)
AEA-Approved: 1.0 CEUs for CPEs (0.5/day)

Continental Breakfast

Coffee, tea, juice, pastries, fruit

and **Lunch**

Hot / cold buffet, coffee, tea, dessert

**A great opportunity to spend time
with your colleagues**

Our Fabulous Raffle!

Bring something old or new to put on the table. If it's not claimed, please be prepared to take it home.

Monarch Hotel & Conference Center

12566 SE 93rd Ave.

Clackamas, OR 97015

Ample and Complimentary Parking

Hotel Reservations

Be sure to mention that you are with OALE in order to get the discounted room rate of \$129 for either single or double.

www.monarchhotel.com

800-492-8700

Discounted rate will be held only while supplies last, so act soon!

IMPORTANT

**All Seminar attendees will be required to use hand sanitizer (provided) before entering the lecture room.
Masks are optional.**

**Registration must be postmarked
by April 8, 2023**

Separate forms and individual checks must be submitted for each attendee.

Registrations mailed after deadline incur a \$10 late fee.

Registration at the door is an additional \$25.

If your registration does not arrive before the seminar, you will need to make payment at the door, plus an additional \$25 (returned on receipt of mailed payment).

All outstanding fees must be paid in full before attending.

← Fees are listed on the Registration Form.

If you have any questions about the Seminar, please let us know.

OALE website
electrolysis-oregon.org

**American Electrology Association
Annual Convention
and Exhibitor Showcase**

October 2023

Date and Place not available yet

Somewhere in Northeastern USA

Additional information on AEA website
electrology.com

OALE SEMINAR REGISTRATION

SATURDAY & SUNDAY APRIL 15 & 16 2023

Name

E-mail

Address

Phone

	OALE/AEA Affiliate Member	Non-Member
2-day	\$185	\$550
1-day	\$100	\$285

If you are attending only one day, please specify:

Not a member? Now is the time to join!
Membership \$265 + Seminar \$185 = **\$100 savings** over non-member price, plus you get **Member Benefits**

Registration mailed after deadline add \$10
Registration at the door add \$25

Please include all applicable fees

To become a Member, you can sign up at
www.electrology.com

Please make check payable to "OALE" and mail with this completed form to
Kathryn Trosen, OALE Treasurer 32700 SE Leewood Lane #27 Boring, OR 97009

Check # / Postmark

Seminar Agenda

April 15 & 16, 2023

Saturday

- 8:15 AM – 9:00 AM **Registration**
Continental Breakfast
- 9:00 AM – 10:00 AM **Stephanie Shields, CPE**
Contraindications
- 10:00 AM – 11:00 AM **Stephanie Shields, CPE**
PCOS, Hirsutism, and Our Role as Hair Removal Experts
- 11:00 AM – 11:15 AM **Break**
- 11:15 AM – 12:15 PM **OALE Annual Meeting**
Elections
Non-members are welcome to attend and observe
- 12:15 PM – 1:45 PM **Lunch and Raffle**
- 1:45 PM – 4:45 PM **Stephanie Shields, CPE**
Electrolysis and Laser Hair Removal
Photo Documentation
Comprehensive Consultations
- 4:45 PM **Certificates of Attendance**
Seminar ends for the day

Sunday

- 8:30 AM – 9:00 AM **Registration**
Continental Breakfast
- 9:00 AM – 11:00 AM **Regina Skarzinskas**
Thriving in These Difficult Times!
- 11:15 AM – 11:30 AM **Break**
- 11:30 AM – 12:30 PM **Susan Denman, MD**
What You Should Know About the Skin
- 12:30 PM – 1:45 PM **Lunch and Raffle**
- 1:45 PM – 3:45 PM **Valerie Hobbs**
What You Always Wanted to Know About Acupuncture!
- 4:00 PM **Certificates of Attendance**
Seminar ends

Speaker Profiles

Stephanie Shield, CPE. Stephanie has been an electrologist for 20 years. She is a Certified Electrologist and Laser Hair Removal Specialist. She has been an Electrology Instructor since 2011 and an International Public Speaker and Trainer Since 2003.. Stephanie has now moved to the State of Washington where she has now opened a Practice and an Electrology School

Regina Skarzinskas, Entrepreneur. Scientist. Lifelong volunteer. Therapy dog and cat breeder. Healer. as diverse as the roles she's played throughout her life may be, one common thread links them all together — a overwhelming desire to help others reach their very own version of extraordinary. As a life coach, Regina is certified in Hypnosis, NLP and PSYCH-K and trained in Emotion Code and EFT. Regina has an MPH in Public Health, her other career is as an environmental toxicologist. Reggie will address anxiety, stress, our own limiting beliefs and introduce techniques which will help you thrive in these difficult times.

Dr. Susan T. Denman is a dermatologist in Aloha, Oregon and is affiliated with multiple hospitals in the area, including [OHSU Health Hillsboro Medical Center](#) and [Legacy Good Samaritan Medical Center](#). She received her medical degree from Tulane University School of Medicine and has been in practice for more than 20 years.

Dr. Valerie Hobbs, DAOM has been an acupuncturist since 1995. She earned a diploma in Traditional Chinese Medicine in 1995, a MS in the Science in Oriental Medicine in 2007 and a Doctorate of Acupuncture and Oriental Medicine in 2017. She is currently the Vice President of Academic Affairs for the Oregon College of Oriental Medicine in Portland, Oregon. Valerie has been involved in state and national associations that have developed the profession into an integrated medicine within U.S. healthcare.

OALE Administrative Business

Membership Meeting

Election of Officers

President - Brenda Cox
Vice-President - Cynthia Uding
Treasurer - Denissa Tiller
Secretary - _____
Past President - Jaimee Bloom

Current OALE Board

Officers

President

Jaimee Bloom
503-939-9370 j bloom@sinotech.com

Vice President

Cynthia Uding
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Secretary

Brenda Cox
503-515-6720 brendamarie626@yahoo.com

Treasurer

Kathryn Trosen
503-410-1751 kathryntrosen@gmail.com

Committee Chairs

Audio-Visual - Lana Blue Zeitler
Good and Welfare - Sheila Ahern
Historian - Sheila Ahern
Information Technology - Joan Gilbert
Legislative Watch - Sheila Ahern
Membership - Kathryn Trosen
Parliamentarian - Brenda Cox
Program - Cynthia Uding